KEYS TO RECOVERY

Never Give Up.

WHO WE ARE



Harm Reduction + Abstinence = Keys to Recovery



WHO WE SERVE

- Individuals who have expressed a desire to seek recovery
- May or may not have completed treatment and their long-term goal is to maintain recovery
- Individuals at a minimum must have completed detox prior to being considered for housing placement
- > May or may not be actively using
- ➤ High acuity



INELIGIBILITY

The following individuals cannot be accepted:

- ➤Extremely violent crimes
- ➤ History of arson
- Sex offenders
- ➢No desire for sobriety
- ➢Income above threshold
- ➤Families/Youth (under the age of 18)



WHAT WE DO – HOUSING

Single and Double occupancy
Move-in Support
Landlord Liaison
RTA education



WHAT WE DO - SUPPORTS

- Mental Health Support
 Life Skills Support Groups
 Addiction Support Groups
 Traditional Indigenous ceremonies
- Home Visits
- Case management





3 PHASES TO INDEPENDENCE

Keys to Recovery has a 3 Phase System:

Phase 1 – Stabilization
 Phase 2 – Preparation
 Phase 3 – Transitions

Individuals have a safe and supportive environment that allows them to work towards maintaining a life in recovery without fear of returning to homelessness



THAT'S WONDERFUL BUT IT SOUNDS EXPENSIVE.



COST BENEFIT ANALYSIS

>Keys baseline programming saves an estimated \$28 million in 10 years

- Keys program with the addition of the psychiatric clinic saves an estimated \$184 million cost savings for Albertans over the next 10 years
- Having their mental health managed appropriately, they no longer need to self-medicate to cope with their symptoms

Many of those who have called us home, have fully integrated back into the community



PRESENTATION FINISHED

ANY QUESTIONSP